## LECTURE: 5-5 THE SUBSTITUTION RULE (PART 3)

**Example 1:** Doing (some) substitutions quickly. In later Calculus courses (Calculus 2 especially) it is quite useful to be able to do some very simple substitutions without having to go through writing out *u* and *du*. Do the following integrals using substitution and then see if you can see the pattern well enough to not need to do all of the work.

(a) 
$$\int e^{5x} dx$$
 (b)  $\int \sin\left(\frac{\pi}{2}x\right) dx$  (c)  $\int \sqrt{1-2x} dx$ 

**Example 2:** Integrate the following functions. Check your answers using a derivative.

(a) 
$$\int \sec^2\left(\frac{\pi}{4}\theta\right)d\theta$$
 (b)  $\int \sec(2x)\tan(2x)dx$  (c)  $\int \sqrt{1+4x}dx$ 

**Example 3:** Evaluate the following indefinite integrals.

(a) 
$$\int \tan^2 x \sec^2 x dx$$
 (b)  $\int t^2 \cos(1-t^3) dt$ 

**Example 4:** Evaluate  $\int x^3(1-x^2)^{3/2} dx$ 

**Example 5:** Evaluate the following definite integrals.

(a) 
$$\int_0^1 \cos(\pi t) dt$$
 (b)  $\int_0^{\pi/4} \sin(4x) dx$ 

**Example 6:** Evaluate  $\int_{1}^{4} \frac{1}{x^2} \sqrt{1 + \frac{1}{x}} dx$ . In doing so, change the bounds.

**Example 7:** Evaluate the following integrals.

(a) 
$$\int \frac{x}{x^2 + 4} dx$$
 (b)  $\int \frac{x}{\sqrt{25 - x^2}} dx$ 

**Example 8:** Evaluate the following integrals.

(a) 
$$\int x e^{-x^2} dx$$

(b) 
$$\int_{1}^{e} \frac{(\ln x)^{3}}{x} dx$$

**Example 9:** Evaluate  $\int_{-3}^{3} (x+5)\sqrt{9-x^2}$ .

**Example 10:** A model for the basal metabolic rate, in kcal/h, of a young man is  $R(t) = 85 - 0.2 \cos(\pi t/12)$ , where *t* is the time in hours measured from 5:00 AM. What is the total basal metabolic rate of this man over a 24 hour time period?